



THE SPA

— AT SAGE LODGE —

SPA@SAGELODGE.COM | 406.823.4009

55 SAGE LODGE DRIVE, PRAY, MT, 59065 | 10:00AM - 6:00PM, DAILY

MASSAGE

Prices shown are for 60 and 90-minute treatments.

Advance reservations required.

Sage Signature Customized Massage 165 | 210

Restore your body with our number one requested service. Immerse yourself in the therapeutic benefits of Swedish massage, tailored to your preferences. Whether you are seeking relaxation or muscle recovery, our therapists will use a variety of techniques as well as aromatherapy with our signature blend of organic essential oils to bring your mind and body into full relaxation, balance, and restoration.

Yellowstone River Rock Massage 215

Smooth, heated Yellowstone River stones along with various pressure techniques penetrate fatigued muscles to reduce inflammation, release tension, and reduce stress within the body. With this 90 minute deeply relaxing massage, you have the choice of the combination of heated + chilled stones or heated stones only.

CBD Therapeutic Massage 200 | 245

Experience full body bliss and tension relief as your nervous system calms and your skin and muscles are restored. Our Vital Body Therapeutic grade CBD cream works to reduce inflammation, increase circulation, and provide pain relief while also helping ailments such as insomnia, arthritis, fibromyalgia, psoriasis, and more. Whether you're sore from hiking, fatigued from travel, or looking for relief from a chronic condition, this treatment will provide you with a deep sense of restoration and rejuvenation.

Thai Stretch Massage 165 | 210

This customized full body service utilizes a combination of various stretching techniques and gentle pressure massage to revive and energize your body while focusing on all major muscle groups. Your body will feel invigorated as this treatment helps to lower stress, relieve headaches, improve posture, reduce muscle and joint pain, as well as increase range of motion and flexibility. This service requires you to come dressed in loose, comfortable clothing.

Prenatal Massage 165 | 210

Organic, nourishing oils with safe and effective massage techniques bring relaxation to sore muscles while calming the mind and body that are working for two. This customized maternity treatment eases tension on the back and legs, while giving you a supportive overall experience.

MASSAGE ADD-ON TREATMENTS

These are enhancement services that can be booked as an add on to a 90 minute customized massage. Advance reservations required.

Body Cupping Therapy 50

Cupping therapy is an ancient form of alternative medicine involving suctioned cups in strategic areas of the body. This enhancement treatment works to detoxify your body, help increase blood flow and circulation, and release deep muscle tension.

Myofascial Unwinding 50

This combination of various sustained pressure forms and range of techniques deep into the Myofascial connective tissue, this effective treatment helps to eliminate pain and restore motion. Gentle technique allows the body to return to balance by stimulating the body's reflexes for self-correction, while the deeper technique lengthens tissue and releases adhesions.

MASSAGE ENHANCEMENTS

Eminence Organic Stone Crop Arnica Oil 15

Soothe and soften dry skin with a lightweight vegan body oil that absorbs quickly, leaving a matte satin finish. The combination of stone crop and arnica makes this lightly scented oil ideal for essential hydration and nourishment.

Eminence Organic Apricot Oil 15

Seduce your senses with this luxurious and vegan body oil. Ultra-hydrating apricot oil is blended with an assortment of essential oils, such as grape seed and jojoba, to create a luscious, regenerative combination that leaves skin feeling irresistibly soft and supple.

Sage CBD Cream 35

A soothing, pain and inflammatory relieving CBD cream that works to bring relief exactly where you need it. This cooling menthol helps to calm muscles, reduce anxiety, and repair damaged tissue so that your body can be restored to a place of ease.

Sage Extra Strength CBD Cream 50

A deeply nourishing cream with three times the CBD per ounce, for acute pain and inflammation. Infused with a signature blend of six essential pain-relieving herbs and cooling menthol, this formula is great on spot treatment areas for maximum pain relief and skin nourishment.

BODY TREATMENTS

Prices shown are for 60 minute treatments, unless otherwise stated. Advance reservations required.

Targeted Hand + Foot Recovery 150

Soothe your most active limbs in this rejuvenating and detoxifying therapy treatment. Starting with a gentle sugar scrub exfoliation, followed by a healing gel mask, and finishing with a hydrating vital energy point massage, your tired hands and feet will completely revived and radiant.

Customized Sugar Scrub 165

Delight in this soothing scrub while experiencing a refreshing body exfoliation from head to toe. This treatment begins with a customized Sugar Scrub blend with your choice of essential oils to gently buff away dry, lifeless skin and finishes with a hydrating body cream to calm and renew irritated skin.

Restore, Revitalize + Renew 180

A body balancing treatment that will detoxify, firm, and replenish all the nutrients for the entire body. The combination of our Eminence Restorative Gel Body Wrap and invigorating Sugar Scrub work to calm your mind, renew the body, and stimulate the skin.

Sage Organic Detox Wrap 190

This luxurious and organic experience includes an exfoliation of dry skin, a body wrap with French Green Clay and Peppermint to restore minerals and purify the skin, concluding with an anti-aging body serum and white tea body butter. This treatment will improve skin appearance and elasticity, as well as aid with hyperpigmentation and dry skin.

Alpine Remedy Hydration Wrap 215

This 75 minute relaxing and exfoliating treatment begins with a dry brush exfoliation which aids in lymphatic circulation, followed by a body wash to remove dry dull skin. You are then wrapped in a cocoon of White Tea and Seaweed body butter. While you are resting, a scalp treatment is performed. The treatment finishes with an application of organic argan and coconut oil to seal in moisture.

- SPA TREATMENTS -

FACIALS + ESTHETICS

Prices shown are for 60 and 90-minute treatments.

Advance reservations required.

Sage Customized Facial 175 | 220

Experience immediate, targeted and long-lasting results with this 60 or 90 minute customized skin treatment that leaves your face feeling refreshed and renewed. With the transformative results of Eminence Organic Skin Care and emerginC products, this treatment is great for both women and men with any kind of skin concern. Included with the 90 minute facial is an additional massage and choice of special tea oil.

Express Facial 115

A short but sweet 30 minute facial to give your skin a fresh boost of hydration and exfoliation. Glowing and rejuvenated skin from this quick fix will make you feel radiant and look your best.

Purifying Back Facial 155

Deeply cleanse and reveal your beautiful back with this luxurious organic treatment. Offers many of the traditional techniques used in facials including exfoliation, light massage, and purifying masks. Your back will feel hydrated and revitalized after this 60 minute treatment.

Lash + Brow Tinting 70

Spend weeks with darker, fuller looking natural lashes and brows. Perfect for summertime when you want to wear less makeup. Lash and brow tinting appointments can be booked together or separately.

Lash Lifting 60 | +Tint 85 | +Lash and Brow Lift 120

Ditch your lash curler and mascara with this short service. Have sumptuous, gorgeous lashes that stay retained after any water activities or exercise. Make your lashes appear longer and more voluminous without extensions that can last up to 8 weeks!

FACIAL ENHANCEMENTS

High Frequency Treatment 15

This stimulating service uses a non-invasive high frequency electrical current to increase collagen growth, enhance blood flow, and reduce acne-causing bacteria.

Nourishing Lip Treatment 12

Erase the appearance of dryness and treat your lips to a naturally effective three-step treatment. Gentle fruit enzymes refine the lip area, followed by an extra rich masque that deeply hydrates. Finish with a delicious minty non-petroleum based balm that stimulates lip-plumping collagen.

Gua Sha Face Contouring 35

Utilizing a precious nephrite jade stone to massage the face, this treatment is meant to enhance the skin's natural ability to cleanse by supporting the lymphatic system within the skin. Blood circulation is increased, Fascia is ironed out, and Qi, our vital energy, is balanced. Benefits of this facial treatment include lifting, toning, the face is de-puffed, skin is brightened, tone is more even, pores appear smaller.

Microneedle Therapy 45

This new spin on acupuncture uses short sterile needled roller (less than .5 mm) to induce the production of new collagen. After your facial with this treatment, you will be given the roller to take home to continue letting your skin refresh with each use!

ADDITIONAL ENHANCEMENTS

Can be added to massage or facial treatments.

Argan Oil Hair Masque 18

Hydrate your dry, tired scalp and roots, while nourishing and strengthening your hair follicles in this 100% natural, organic argan hair masque.

Dead Sea Mineral + Protein Hair Treatment 20

Restore texture while promoting natural follicle growth and UV protection for your scalp and hair with this mineral hair treatment.

Under Eye Collagen Mask 15

Available in Green Tea or Ice Water, these eye patches are micro-infused with a combination of hyaluronic acid, natural high-density marine collagen, enzymes, amino acids, and vitamins C & E to improve elasticity, texture and overall appearance of the skin below the eye. Activated by body heat, this eye masks works to combat puffy eyes, dark circles, under eye bags, headaches, fatigue, and allergies.

WAXING

Arm Wax	65	Full Back Wax	80
Bikini Wax	55	Full Leg Wax	80
Brazilian Wax	85	Lip Wax	18
Chin Wax	20	Lower Leg Wax	60
Chest Wax	55	Underarm Wax	45
Eyebrow Wax	20	Eyebrow, Lip + Chin	50

COUPLES SERVICES

Experience the service of your choice in our couple's suite, allowing you and your loved one to relax and reduce stress simultaneously. The couple's suite is open for side-by-side massages, body treatments, or one of each! Services in the couple's suite require advanced reservation.

SPA AMENITIES

Spa Access Pass - 2 Hours - \$45/per person

This pass includes access to The Spa's relaxing amenities including the dry sauna, steam room, outdoor private hot tub, and beautiful outdoor lounge area. Please call for Spa Access Pass availability. Limit of 2 guests per reservation.

SPA PRIVATIZATION

With a relaxation lounge, sauna, steam room, eight treatment rooms and a private hot hub with patio, The Spa at Sage Lodge is perfect for pre-wedding pampering, special occasion celebrating, or just some well-deserved restorative time with a group of friends or family. Ask us about our Spa Privatization Rates and Packages.

For your convenience, a 22% service charge is automatically added to all treatment bookings at time of check-out. Gratuity for treatments is discretionary.

Gift certificates and 10-Session Packages are available for purchase, ask the Spa Team for more details, or give us a call at 406.823.4009.